



## Our Office Policies

***Our Mission is to be able to help as many children and families  
As possible reach their Health Potential***

**Dr. Christine has already mentioned that chiropractic care is based on the following principles:**

1. That the body is a self-healing, self-regulating organism. In other words, it is designed to heal itself.
2. That the nervous system is the central computer system that runs that body.
3. Any interference to the function of the nervous system would then necessarily cause the body to malfunction and cause ill health.
4. Our purpose is to restore law and order

Please check-in each time you arrive for your appointment. We will let you know when it's your turn and give you your patient card to take with you to your adjusting table. Please take a piece of face paper and have a seat.

### **Our Office Hours:**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dr. Christine	2:30-6 PM	8:30-12 AM 2:30-6 PM	2:30-6 PM	8:30-12 PM 2:30-6 PM	Closed	9-11 AM 1 <sup>st</sup> /3 <sup>rd</sup> of month (Sept-June)

Please make sure you have a scheduled appointment time. We do allow "last minute" appointments, however we recommend that you call first to decrease your waiting time, as patients with scheduled appointments will always be seen first.

### **Your Schedule:**

Your schedule of adjustments is vitally important for your recovery. Frequency of care is generally more intensive at the onset of your chiropractic program. We are attempting to alter your body's bad habits....each adjustment builds on the next. While your first correction may only last a few hours, with time, your body will "hold" its adjustment for longer and longer periods of time and with good re-exam results your adjustment frequency will become less and less!! Your progress is monitored at regular intervals. These re-examinations take place at special times of the day so it will be necessary to schedule time for you well in advance.

### **Missed Appointments:**

Our policy on missing appointments is simple, **YOU DON'T!!!** Sounds a bit harsh but we are serious about your recovery. Please inform us of any possible absences prior to your scheduled time by phone. A missed appointment takes you off your adjustment schedule and must be rescheduled as soon as possible. There is a service charge of \$35.00 for missed appointments if you do not call and let us know. Our missed appointment charges are donated to the International Chiropractic Pediatric Association in Pennsylvania for pediatric research. If it is a vacation that will take you off schedule, please let us know so that we can work around it. If you are going away for longer than 2 weeks, we may recommend a chiropractor in your vacation spot in order to maintain the rhythm of change in your spine and nervous system. We would like you to know however; we love to make house calls to the Caribbean!

### **Patient Cooperation:**

Dr Christine's specific recommendations for you are based on your consultation, the results of your examination and her experience, expertise etc. It is imperative that you fully cooperate with her recommendations so that you have great results!

### **Not Well?**

If you are feeling a little under the weather, fighting the Flu etc., please remember that a chiropractic adjustment will help you immensely. It will boost your immune response and help your body deal with your "bug" faster. When feeling unwell, it does not necessarily mean you are "sick". It simply means that your body is fighting for your recovery. You may not like what your body is doing but it is for your benefit (diarrhea, vomiting, fever etc.) Don't stay home, call us!

**Recovery Time:**

Subluxations interfere with the function of your nervous system. If not corrected, a Subluxation will produce malfunction of your body and will eventually produce a serious problem and symptoms. By correcting your Subluxations, nerve interference is removed and your body starts working properly, healing occurs and damaged cells are replaced by healthy cells. As mentioned earlier, your body has actually learned a habit of trying to deal with your Subluxations on its own. We need to change this habit. This takes time and everyone is very different. So....be patient!

**Referrals:**

Since most Subluxations DO NOT produce symptoms, we feel that everyone should be checked. We would like you to know that we offer complimentary check-ups to your friends and families (especially the kids). Gift certificates are available at the front desk for complimentary check-ups (\$120.00 value). We appreciate your confidence and trust when you refer your friends and loved ones.

**A final note!**

Our office has an open concept in order to decrease your wait time. Should you ever require additional time with Dr. Christine we can easily arrange a talk in private with her. Please arrange special time at the front desk! Open communication is the key to a lasting, open friendship!

**Thank you.**